

### **Education and Support for Patients** with Autoimmune Hepatitis

Contact Us: info@aihep.org

Learn More: www.aihep.org

Living with Autoimmune Hepatitis

Join the AIHA: www.aihep.org/takeaction

education, offers support, and advances research. Led by Craig Lammert, M.D.,

#### **About Us**

- Virtual support groups
- AIH Connect, our patient registry to drive new research

## What is Autoimmune Hepatitis?

Autoimmune hepatitis (AIH) is a chronic disease that occurs when patients' immune systems attack normal liver cells

because they mistake them for foreign AIH is a rare autoimmune liver disease that affects all ages and ethnicities, but it affects women much more often than men.



While the exact cause of AIH is unknown, scientists believe both genetic factors and environmental exposures cause AIH.

AIH is a chronic disease that is treated long-term, often for life. There is no cure for AIH, but the disease can be controlled through medication. It is **not** contagious.

#### With treatment, most patients fatigue don't need liver transplants and have normal life jaundice expectancies. Patients can experience a wide range of symptoms. Most AIH patients are successfully treated with steroids such as nausea budesonide or prednisone and long-term immunosuppressants such itchy skin as azathioprine. skin rashes Access our **New** Patient Tool Kit

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difficulty sleeping anxiety and depression dry mouth or eyes

loss of appetite

abdominal discomfort including pain in the right upper quadrant

joint pain

# Stand Up. Stand Together.

The Autoimmune Hepatitis Association (AIHA) is a education and support and advancing research. Donations are tax deductible as allowed by law and can be made at www.aihep.org/donate.



The AIHA is committed to advancing research that leads to new and better treatments for autoimmune hepatitis. We are enrolling patients in AIH Connect, our patient registry, so scientists can learn more about this rare disease and how it impacts patients. Getting started is easy, and you can join the registry from the comfort of your home. To participate, send an email to registry@aihep.org

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